



317 N Mission Ave Ste 100, Wenatchee, WA 98801

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www.adjustwenatchee.com

Name \_\_\_\_\_

Referred By \_\_\_\_\_

Address \_\_\_\_\_

Social Security # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Employer \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (cell) \_\_\_\_\_

Marital Status S M D W

(Work) \_\_\_\_\_

Spouse's Name \_\_\_\_\_

E-mail \_\_\_\_\_

Spouse's Occupation \_\_\_\_\_

Date of Birth \_\_\_\_\_ (Age \_\_\_\_\_)

Number of children \_\_\_\_\_

OFFICE PROCEDURES AGREEMENT

- RIBELLIA FAMILY CHIROPRACTIC WILL TAKE EVERY MEANS NECESSARY TO PROTECT MY PHI (protected health Information)
- RIBELLIA FAMILY CHIROPRACTIC HAS THE RIGHT TO TRANSFER ANY HEALTH RECORDS, VIA US MAIL, IF A WRITTEN REQUEST IS MADE BY THE PATIENT.
- RIBELLIA FAMILY CHIROPRACTIC HAS MY PERMISSION TO SEND ME APPOINTMENT REMINDERS AND/OR MISSED APPOINTMENT CORRESPONDENCE BY PHONE OR VIA US MAIL OR OTHER SIMILAR METHODS.
- RIBELLIA FAMILY CHIROPRACTIC HAS MY PERMISSION TO LEAVE PHONE MESSAGES OR VERBAL MESSAGES WITH WHOEVER ANSWERS THE PROVIDED PHONE NUMBERS REGARDING APPOINTMENT INFORMATION.
- I UNDERSTAND THAT PERSONAL HEALTH INFORMATION WILL ONLY BE SHARED BY PHONE WITH ME AS THE PATIENT OR TO LEGAL GAURDIANS IF THE PATIENT IS A MINOR.
- RIBELLIA FAMILY CHIROPRACTIC HAS MY PERMISSION TO SEND NEWSLETTERS OR OTHER PRINTED MATERIAL TO ME VIA US MAIL OR OTHER SIMILAR METHODS. TO BE REMOVED FROM THIS LIST, I MAY REQUEST TO BE RELEASED AS AN ACTIVE PATIENT.
- I UNDERSTAND THAT I HAVE THE RIGHT TO REQUEST THAT RIBELLIA FAMILY CHIROPRACTIC RESTRICT HOW MY PHI IS USED AND/OR DISCLOSED TO CARRY OUT TREATMENT, PAYMENT, OR HEALTHCARE OPERATIONS. HOWEVER, THE PRACTICE IS NOT REQUIRED TO AGREE TO ANY RESTRICTIONS THAT I HAVE REQUESTED. IF THE PRACTICE AGREES TO A REQUESTED RESTRICTION, THEN THE RESTRICTION IS BINDING ON THE PRACTICE.
- I UNDERSTAND THAT IF I DO NOT SIGN THIS CONSENT OR IF I REVOKE IT AT ANY TIME, RIBELLIA FAMILY CHIROPRACTIC HAS THE RIGHT TO REFUSE TO TREAT ME.
- WHEN SIGNING THE DAILY SIGN UP SHEET AT THE FRONT DESK, I UNDERSTAND THAT MY SIGNATURE WILL BE SEEN BY OTHER PATIENTS OF RIBELLIA FAMILY CHIROPRACTIC.
- I UNDERSTAND AND CONSENT TO RIBELLIA FAMILY CHIROPRACTIC USING MY CHIROPRACTIC STORY AS A TESTIMONIAL IN THEIR TESTIMONIAL BOOKS THAT ARE USED IN THE OFFICE. (SEPARATE SIGNATURE IS ALSO REQUIRED FOR THIS.)
- I CONSENT TO RIBELLIA FAMILY CHIROPRACTIC USING MY PICTURE ON THEIR WALL ( APPLIES TO CHILDREN ONLY)
- 

BY SIGNING BELOW, HEREBY AUTHORIZE THE DOCTOR TO RELEASE ALL INFORMATION NECESSARY TO ANY INSURANCE COMPANY, ATTORNEY, OR ADJUSTER FOR THE PURPOSE OF CLAIM REIMBURSEMENT OF CHARGES INCURRED BY ME. I GRANT THE USE OF MY SIGNED STATEMENT OF AUTHORIZATION WITH MY SIGNATURE FOR REQUIRED INSURANCE SUBMISSIONS. I UNDERSTAND AND AGREE THAT ALL SERVICES RENDERED TO ME WILL BE CHARGED TO ME, AND I'M RESPONSIBLE FOR TIMELY PAYMENT OF SUCH SERVICES. I UNDERSTAND AND AGREE THAT HEALTH/ACCIDENT INSURANCE POLICIES ARE AN ARRANGEMENT BETWEEN AN INSURANCE CARRIER AND MYSELF. I UNDERSTAND THAT FEES FOR PROFESSIONAL SERVICES WILL BECOME IMMEDIATELY DUE UPON SUSPENSION OR TERMINATION OF MY CARE OR TREATMENT.

\_\_\_\_\_  
Printed Patient

\_\_\_\_\_  
Name Signature (guardian if minor)

\_\_\_\_\_  
Date

ELECTRONIC NEWSLETTERS OR OTHER ELECTRONIC MATERIAL MAY BE SENT TO MY E-MAIL ADDRESS(S).

\_\_\_\_\_ YES \_\_\_\_\_ NO \_\_\_\_\_ INITIALS

Name \_\_\_\_\_

You deserve to be healthy. Life is a miracle and so are you. When you were created, you were given all the blueprints, intelligence, tools, and systems to live an active healthy life. Unfortunately, your health can be interfered with through accidents and challenges that cause a disruption to your health expression. Through your examination and through your lifetime involvement in chiropractic care, we will work to remove these interferences to your natural health expression so that you can live the quality of life you deserve.

**Circle all that Apply**

**1. Was Your Birth Traumatic?**

Long Delivery? Y  
Difficult Delivery? Y  
Forceps? Y  
Caesarian? Y  
Breach/cephalic? Y  
Home birth? Y  
Drugs during delivery Y  
Induced Labor? Y

**2. Growth and Development**

Care for your spine? Y  
Fall out of bed? Y  
Bang your head? Y  
Breastfed? Y  
Childhood sickness? Y  
Have any Accidents? Y  
Have Surgery? Y  
Take Drugs? Y  
Fall while learning to walk? Y  
Bullied by your siblings? Y  
Child abuse Y  
Spanking? Y  
Pulled ear/chin Y  
Chair pulled out when sitting? Y  
Fall down the stairs? Y  
Pulled by your arm? Y  
Experience other traumas? Y

**3. Current Health Habits**

Did/do you  
Use Tobacco? Y  
Drink alcohol Y  
Eat healthy foods Y  
Have any accidents? Y  
Have you had surgery Y  
Take drugs? Y  
Have Teeth Problems? Y  
Have Eye Problems? Y  
Have Hearing Problems? Y  
Exercise regularly? Y  
Have sleeping problems? Y  
Have occupational stress? Y  
Have physical stress? Y  
Have mental stress? Y  
Have sports injuries? Y  
Sleeping posture  
– side– stomach – back

**Current Health Situation**

Reason for Your Visit Today \_\_\_\_\_

Date your situation started \_\_\_\_\_

Pains are Sharp Dull Constant Intermittent

What activities aggravate your situation/pain?

What activities lessen your situation/pain?

Is your situation worse during certain times of the day?

Is your situation getting progressively worse?

Other Doctors seen for this situation \_\_\_\_\_

Any home remedies? \_\_\_\_\_

What medications are you taking? \_\_\_\_\_

Use an 'X' to mark your complaints areas on the diagram

LEFT RIGHT RIGHT LEFT

What side effects have you experienced from the drugs and surgery? \_\_\_\_\_

**Please mark below whether you have or have had any of the following conditions/illnesses:**

- |  |   |  |   |
|--|---|--|---|
| <input type="checkbox"/> Allergies           | <input type="checkbox"/> Hearing Trouble        | <input type="checkbox"/> Cold Hands or Feet      | <input type="checkbox"/> Excessive Thirst     |
| <input type="checkbox"/> Hay Fever           | <input type="checkbox"/> Ear Infections         | <input type="checkbox"/> Abdominal Pain          | <input type="checkbox"/> Thyroid Trouble      |
| <input type="checkbox"/> Fatigue or Weakness | <input type="checkbox"/> Ringing in Ears        | <input type="checkbox"/> Indigestion             | <input type="checkbox"/> Anxiety /Nervousness |
| <input type="checkbox"/> Night Sweats        | <input type="checkbox"/> Loss of Smell          | <input type="checkbox"/> Excess Gas              | <input type="checkbox"/> Mood Swings          |
| <input type="checkbox"/> Weight Loss         | <input type="checkbox"/> Loss of Taste          | <input type="checkbox"/> Heartburn               | <input type="checkbox"/> Depression           |
| <input type="checkbox"/> Weight Gain         | <input type="checkbox"/> Difficulty Swallowing  | <input type="checkbox"/> Constipation            | <input type="checkbox"/> Arthritis            |
| <input type="checkbox"/> Sleeping Problems   | <input type="checkbox"/> Difficulty Speaking    | <input type="checkbox"/> Diarrhea                | <input type="checkbox"/> Bone Fracture        |
| <input type="checkbox"/> Skin Problems       | <input type="checkbox"/> Sinus Trouble          | <input type="checkbox"/> Nausea or Vomiting      | <input type="checkbox"/> Dislocated Joints    |
| <input type="checkbox"/> Loss of Balance     | <input type="checkbox"/> Asthma                 | <input type="checkbox"/> Bedwetting              | <input type="checkbox"/> Autoimmune Disease   |
| <input type="checkbox"/> Dizziness           | <input type="checkbox"/> Wheezing               | <input type="checkbox"/> Urinary Pain /Frequency | <input type="checkbox"/> Cancer               |
| <input type="checkbox"/> Vertigo             | <input type="checkbox"/> Chronic Cough          | <input type="checkbox"/> Kidney /Bladder Trouble | <input type="checkbox"/> Diabetes             |
| <input type="checkbox"/> Fainting            | <input type="checkbox"/> Shortness of Breath    | <input type="checkbox"/> Blood in Urine or Stool | <input type="checkbox"/> Fibromyalgia         |
| <input type="checkbox"/> Headaches           | <input type="checkbox"/> Chest Pain or Pressure | <input type="checkbox"/> Menstrual Problems/Pain | <input type="checkbox"/> Multiple Sclerosis   |
| <input type="checkbox"/> Seizures            | <input type="checkbox"/> Heart Trouble          | <input type="checkbox"/> Prostate Trouble        | <input type="checkbox"/> Rheumatic Fever      |
| <input type="checkbox"/> Loss of Memory      | <input type="checkbox"/> High Blood Pressure    | <input type="checkbox"/> Erectile Dysfunction    | <input type="checkbox"/> Tuberculosis         |
| <input type="checkbox"/> Vision Trouble      | <input type="checkbox"/> Low Blood Pressure     | <input type="checkbox"/> Fertility Problems      | <input type="checkbox"/> Other: _____         |

**Is there a family history of:**

Heart Disease    Arthritis    Cancer    Diabetes    Other

Father's Side

Mother's Side

\_\_\_\_\_

\_\_\_\_\_

**Please indicate which activities of daily living are compromised by your current state of health:**

**General:**

- |                     |                           |
|---------------------|---------------------------|
| Walking             | Running                   |
| Sitting             | Bending                   |
| Climbing stairs     | Lying in bed              |
| Chewing             | Using keyboard            |
| Kneeling            | Exercising                |
| Sleeping            | Sitting in recliner       |
| Standing            | Recreational activities   |
| Lifting children    | Sewing or crafts          |
| Reading             | Driving a car             |
| Swimming            | Riding in a car           |
| Playing instruments | Getting into/out of a car |
| Using telephone     |                           |

**Housework:**

- Doing laundry
- Making beds
- Vacuuming
- Washing dishes
- Ironing
- Carrying groceries
- Caring for pets
- Cooking

**Yard work:**

- Mowing lawn
  - Raking leaves
  - Gardening
  - Shoveling snow
- Personal grooming:**
- Combing hair
  - Shaving
  - In/out of bathtub
  - Brushing teeth

**Your goal:**

As a result of my chiropractic care, I would like to

Please check all that apply

- Feel better quickly
- Have a healthier spine
- Have a healthier body by keeping my nerve system healthy
- Live a healthier lifestyle

**Wellness Commitment**

At Ribellia Family Chiropractic we are dedicated toward achieving the goal of total lasting health for our members. To better help you achieve this; we need to understand your commitment toward being healthy. We do ask for your *cooperative commitment*.

Based on a scale of 10% to 100%, please **circle** your personal level of commitment toward obtaining and maintaining health and wellness.

10%-----20%-----30%-----40%-----50%-----60%-----70%-----80%-----90%-----100%

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date